

**Thank you for joining us and celebrating the life of your loved ones this summer.**

Please read or print this service sheet at home if you'd like to follow at home. Do take some time to be quiet and reflect today if you wish to do so.

If you would like to talk to someone privately, perhaps on another occasion, do speak to **Rev. Peter O'Brien** our Chaplaincy Support Coordinator on **0161 437 8136**.

You can also find out about our Let's Talk service, offering bereavement support at [www.sah.org.uk/bereavement-support](http://www.sah.org.uk/bereavement-support) or call **0161 702 5435**.



Many thanks to The Trafford Centre for kindly hosting our service screening today.

To celebrate 50 years of care for local people, St Ann's have partnered with Manchester artist Lindi Kirwin and The Trafford Centre on a special art installation, created with a thousand metal forget-me-nots.

Please come and see our installation in The Trafford Centre until 30th June.

You can buy one of the steel forget-me-nots to keep and display in your garden, home or place of remembrance. If you would like to buy one of these flowers, please talk to one of the St Ann's staff at the installation, or visit [www.sah.org.uk/buy-a-flower/](http://www.sah.org.uk/buy-a-flower/) or call us on **0161 498 3631**.



*every day makes a difference*



# Forget *me* not Appeal 2021



*Celebrate the life of your loved one today*  
**St Ann's Hospice**

Welcome to our Forget-me-not Service. Thank you for your support of St Ann's, and for joining us for this special service to remember and celebrate the lives of friends, family members and loved ones. We hope this service will offer peace and reflection at this time.

**Welcome and introduction: Rev. Pete O'Brien,**  
Chaplaincy Support Coordinator at St Ann's

**There is a time ...**

There is a time for everything;  
for all things under the sun;  
a time to be born and a time to die;  
a time to laugh and a time to cry;  
a time to dance and a time to mourn;  
a time to seek and a time to lose;  
a time to forget and a time to remember.

**Remembrance**

At the rising of the sun and its going down,

**All:** We will remember you.

In the blowing of the wind and the chill of the winter,

**All:** We will remember you.

In the opening of the buds and in the warmth of the summer,

**All:** We will remember you.

In the rustling of the leaves and the beauty of the autumn,

**All:** We will remember you.

At the beginning of the year and when it ends,

**All:** We will remember you.

When we are weary and in need of strength,

**All:** We will remember you.

When we have joys we yearn to share,

**All:** We will remember you.

In love we remember you

**All:** We will remember you.

In love we remember you.

We do not ask for the power to forget

But the courage to remember.

Although gone from our sight,

You have been a part of our lives, and always will be.

**Natalie's story:** Trainee Assistant Practitioner at St Ann's

**'The bird that was trapped'**

By James Robertson, shared with permission

The bird that was trapped has flown  
The sky that was grey is blue  
The bone that was dead has grown  
The dream that was dreamed is true  
The locked door has been swung wide  
The prisoner has been set free  
The lips that were sealed have cried  
The eye that was blind can see  
The tree that was bare is green  
The room that was dull is bright  
The sheet that was soiled is clean  
The dawn that was dark is light  
The road that was blocked has no end  
The unknown journey is known  
The heart that is hurt will mend  
The bird that was trapped has flown

*Read by Rabbi Fabian Sborovsky*

**For ourselves**

**ALL:** You shared your life with us,  
You gave your love to us,  
You sacrificed your time for us,  
You cast your light upon us.  
Now as we journey on, may we, like you,  
Give others our life, our love, our time  
and our light.  
For as we have remembered you today,  
So now we turn to ourselves;  
Knowing that our tribute to you,  
Is to live as fully as we can.

**Closing blessing: Rev. Pete O'Brien**