

Winter 2023

friends



St Ann's Hospice

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Meet our
Light up a Life
speakers

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Getting into the
Christmas spirit



Registered with
**FUNDRAISING
REGULATOR**



Hello,

and welcome to the Winter
2023 edition of Friends



This edition of Friends includes some very exciting news that we have been waiting for as a team at the hospice for a long time. We now officially own the land next door to our existing Heald Green site and work can finally get started on our long-awaited new hospice.

This is a huge milestone in our plans to create this incredible new hospice and it was a big day for all of us when the paperwork arrived. But really this is just the beginning, now the land can be cleared, the builders can get on site and we can start to see the hospice brought to life.

We couldn't have got to this stage in the project without you and the support we have received for our Build it Together campaign has been incredible. Fundraising from our community is what is making this hospice happen. We still need your help though and there are lots of inspirational stories in this edition of

Friends of the amazing ways you continue to raise money for this building and the generations of people we will care for in it.

Community, and how we work to ensure everyone in our community can access our services, is something that is so important to us all here at St Ann's. Elsewhere in this edition, you will read about the work we are doing to ensure everyone feels included and welcome at St Ann's – regardless of circumstance, sexuality or religion. We also took part in Manchester Pride this year and as you will see from the photographs it was a fabulous day – but it was also very important that we show our support and inclusivity by taking part in events like Pride, in the hope that if and when the time comes that a person needs our care and support, they know they are welcome.

Dr Paul Jarvis

Director of Business Development

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www.linkedin.com/company/st-ann-s-hospice

News in Brief

St Ann's is award-winning

We were delighted to win both the Excellence Award and Large Business of the Year at the 2023 Salford Business Awards. St Ann's was praised by the judges for being thoroughly embedded in our Little Hulton community, and impressed by our ability to demonstrate excellence through everything we do. Success followed in Stockport, where we made the shortlist for Best Not-For-Profit Organisation at the Stockport Business Awards.



Supporters step up for virtual challenges

99 fabulous fundraisers joined our August virtual challenge, raising an incredible £15,344.40 by completing 100km in their own way throughout the month. Another successful challenge followed, with supporters completing 5km every day during Hospice Care Week (9th-15th October) in aid of our Build it Together new hospice appeal – thank you to everyone who took part.

Trafford Centre success

Our partnership with The Trafford Centre has ended after managing to raise an amazing £118,785.89 since it began in November 2019. The total was raised from coins collected from fountains, bucket collections at events and lost property donations amongst other activities.



Community Development Manager Richa Patel presents St Ann's Chief Executive Rachel McMillan and members of our Fundraising and Hospice@Home teams with a cheque for the total.

Celebrating our staff and volunteers

We held our annual celebration event on 28th September, an opportunity to recognise the hard work and dedication of our staff and volunteers and celebrate the long service of many. The winners of the 2023 Chair awards are:

'People matter' award

Lisa Wong, Lymphoedema Assistant Practitioner, and Deborah Connolly, Housekeeping

'Lead and learn' award

Rebecca Sarbutts, Data Protection Officer and Data Systems Manager, and Dr Lesley Henson & Kath Lamb

'Bold and brave' award

Gayle Shaw, Corporate Fundraiser

'Together we are stronger' award

Trading Company events team and Inpatient Unit Ward Sisters Lynsey Ayers, Hayley Beswick, Jen Andrusjak, Suzy Vale & Nic Erhardt

Volunteer special recognition award

Jenny Caunt



All our winners

Light up a Life

You're invited to join our Light up a Life appeal and dedicate a light to remember and celebrate your loved one at this special time of year.

There are various ways you can dedicate a light:

- **Return the enclosed form**, and receive a personalised card with your dedication to keep.
- Go online and add a light to the Winter Forest, along with a photo, message or memory at www.sah.org.uk/light.
- Call our fundraising office on **0161 498 3631**.

Whichever way you choose to take part, all dedications received by 24th November will be recorded in the 2023 Book of Honour, which will be on display at all of the services and in our hospices at Little Hulton and Heald Green next year.

Thank you for your generosity.

"The Light up a Life appeal raises crucial funds that the hospice needs to continue supporting patients and their families across Greater Manchester."

Belinda Neild,
St Ann's supporter



Light up a Life services 2023

Date	Time	Venue
Sunday 3rd December	1pm/2.30pm/4pm	Manchester Cathedral
Monday 4th December	7pm	St Ann's Hospice, Little Hulton (Outdoors)
Wednesday 6th December	7pm	St Peter's Church, Hale
Thursday 7th December	7pm	St Ann's Hospice, Heald Green (Outdoors)

For more details on attending our services, visit www.sah.org.uk/light or phone 0161 498 3631.

Meet our speakers

Some of our speakers at this year's services tell us why Light up a Life is important to them, and what to expect at our services.

Gabriela Belmar-Valencia's mum was a patient at our Little Hulton hospice in May 2022. Gabriela is speaking at Manchester Cathedral. She says: "Those we love never really leave us. We carry them in our hearts for the rest of our lives. But sometimes we need to carve out time and space in our busy lives to sit, reflect and honour them."

"St Ann's Light up a Life is that space. It is a chance for those who said goodbye to our loved ones at St Ann's to come together, and honour not just our loved ones, but the staff who cared for them."



Belinda Neild is also speaking at Manchester Cathedral this year, after going with her family last year.

"The service was so heart-warming; it was really touching being together with so many people that all have shared experiences. Speaking about my mum, father-in-law and other family members who were cared for by St Ann's is important to me to tell people how vital their services are for those who need their help."

"The Light up a Life appeal raises crucial funds that the hospice needs to continue supporting patients and their families. The services bring people together to remember their loved ones at an important time for all families."

Sue Mee is speaking at our Hale service as a long-time supporter of the hospice. Sue says: "My mum spent time at Heald Green and I have now been volunteering at the hospice for 15 years."

"My experience with St Ann's took place 27 years ago but I still remember the excellent care my mum received. It's a place I love and not at all what a lot of people expect a hospice to be like. I'd encourage everyone to support the Light up a Life appeal as St Ann's is vitally needed for the patients and families they support."





Coronation Street's Lee Boardman visiting our new land, a stone's throw away from where we cared for his sister Suzy.

It is with great excitement that St Ann's took ownership of land for our new hospice in September, which means building work can start very soon.

The acquisition of the land next door to our current hospice is the latest milestone in the ambitious project to build a new purpose-built hospice to replace the current Victorian building.

Final preparations for commencement are now underway, enabling works are expected to begin in January with clearing of the land, an access road and connection of services the first tasks to get underway. Work will then begin on a 15-month programme to build the new hospice.

St Ann's new hospice will be a complete care facility in Greater Manchester that local people can access, from diagnosis of a life-limiting illness to treatment and beyond.

There are many companies that will be working with the hospice over the project with **Caddick Construction** selected as the main contractor for the building work.

Also part of the team is **Genr8 Developments LLP** - project managers for the new build, architects **PRP** - who has been working with St Ann's for several years to design the building and get to this stage in the project.

The interior design of St Ann's Hospice's new build will be led by **Axi**, who is designing and bringing to life the purpose-built hospice that is much needed by patients and their families.

Also working on the project are cost consultants **Gardner & Theobald, TRP** as the structural engineers and **TACE** as the Mechanical and Engineering consultants.

Head of Fundraising and Capital Campaign, Anne-Marie Wynne, says: "We are so excited for the construction and building work to start on the new land, it has been a long time coming! It's brilliant to see so many people coming together after months of planning and preparing, we can't wait to see the new build come to life."

our fundraising heroes

Manchester Central helped us to host a huge discount flower sale in September, which raised more than £1,700. It was organised in partnership with Interflora who provided over 75,000 stems from the prestigious Interflora World Cup, which took place in the days before the sale. Manchester Central chose St Ann's as its charity of the year this summer.



Barrie and Claire Hawker, who are local to our Heald Green hospice, embarked on the 96-mile West Highland Way walk this summer – which they completed in just eight days. The couple exceeded their fundraising target and raised over £1,200, rallying friends and family to donate.

Bramall Park Golf Club have been fundraising for St Ann's for 20 years. This year they raised an incredible £19,500 at their annual fundraiser, which will go towards a family room in the new hospice. Our Chief Executive Rachel McMillan and Community Fundraiser Julie Peters visited the club to thank members and receive the donation from Mr Captain Jon Griffin, Lady Captain Brenda Foster and committee members.



What could you do?

Could you get together with your friends, family or work colleagues and help us to make our new hospice a reality? Visit newhospice.sah.org.uk

Welcoming everyone at St Ann's

Everyone at St Ann's Hospice works to ensure every day is special for our patients and families, making all feel welcome and included. Rev. Peter O'Brien, Chaplaincy Support Coordinator at St Ann's Hospice, speaks about the importance of equality, diversity and inclusion within our charity.

I have worked at St Ann's Hospice for 14 years, and have seen lots of change take place at the charity to continually increase our inclusion and diversity further; aiming to support all people of religious and non-religious belief. As national guidelines state: chaplaincy care should be available to everyone without discrimination on grounds of age, disability, race, sex, sexual orientation, gender identity, or any other protected characteristic.

Catering for people from different backgrounds and beliefs is very important to our hospice ethos so that everyone feels welcome and safe.

We're aware that certain groups don't often feel they can gain access to hospice services, but we are always working toward being

inclusive and accessible to all our communities.

You can read about how our LGBT+ and Homeless Palliative Care Coordinators have been supporting people from those communities on these pages.

As the Chaplaincy Support Coordinator, it is important to ensure that patients and families know we provide pastoral, spiritual and religious support to *all*. In fact, hospice care is very much holistic, caring for the physical, psychological, social and spiritual needs of those who come through our doors. Staff across St Ann's are always working to ensure everyone feels welcome here, and you can read about how some of my colleagues organised a same-sex blessing for one of our patients on the next page.



Ben's story

People experiencing homelessness are one of a number of groups who often face barriers to accessing palliative care. St Ann's patient Ben* and Heidi McIntyre, Homeless Palliative Care Coordinator, first came into contact over eight years ago.

Ben had problems with drug addiction and his mental health, and had been in and out of hospital. He was admitted to the MRI and put in touch with their homelessness team. Ben was admitted to our Inpatient Unit at Heald Green.

He says: "I can't fault it. If it wasn't for this place, I don't know where I'd be. The staff have been tremendous. I have been treated differently here. Before I felt like they weren't interested in me. But here they've dealt with everything in the right manner, I really appreciate it."

*name has been changed

A blessing for Adele and Amanda

Adele and Amanda were engaged to be married when Amanda was suddenly diagnosed with kidney cancer last year. Her health deteriorated quickly and she was admitted to St Ann's in Little Hulton earlier this year, where she was cared for before she died in May, aged just 46.

Amanda wanted to marry Adele while she was at St Ann's. As they were unable to get the paperwork sorted in time, members of staff from The Being You Centre, Inpatient Unit and Catering teams arranged a blessing for the couple in Amanda's room, conducted by the pastor from Salford Royal and complete with a cake, prosecco, flowers and Amanda's parents in attendance.



Empowering the LGBTQ+ community

Siobhan Kenyon, Clinical Educator and LGBT+ Palliative Care Coordinator at St Ann's Hospice, worked with the LGBT Foundation's programme for over 50s, Pride in Ageing, on a unique collaboration resulting in the 'Box of Me' initiative.

'Box of Me' is a creative group workshop for LGBTQ+ adults which invites people to think about the plans they could put in place for the end of their lives. Another group who traditionally face barriers of access to palliative care, the initiative helps to ensure that LGBTQ+ people have their wishes and identity honoured in life and death, reducing potential distress.

For more information on 'Box of Me', contact prideinageing@lgbt.foundation

Do you have any feedback or ideas about how St Ann's could further support everyone in our community? Please get in touch on communications@sah.org.uk

walking for St Ann's with Pride

We were delighted to take part in the iconic Manchester Pride Parade for the first time this year, and have so many people sign up to walk for #TeamStAnns on such an important day for our community.

Staff and volunteers from across the hospice represented St Ann's, alongside supporters of the hospice, family and friends of patients, and representatives from partner organisations.

We asked our #TeamStAnns walkers why it was important to them to take part in Pride...

"I've worked at St Ann's Hospice for nearly 30 years and feel privileged to represent the inclusive care we give to all our patients. It's important to reach out to the LGBTQ+ community to show that St Ann's Hospice cares." Suzanne Willans, Heald Green Inpatient Unit



"To support the organisation I am proud to work for with my partner, as we were also celebrating our 18 year anniversary of when she asked me to be her girlfriend at Pride."

Nicole Manley, Clinical Specialist Palliative Care Team



"We've seen just how inclusive an organisation St Ann's is. It's not just lip service, it's embedded in your culture and that deserves to be celebrated." St Ann's supporter

"I love having a day full of happiness and love. The amount of people that showed up is out of this world. It's definitely a day I would recommend to anyone."

Liv Mercer, Gallagher (corporate supporter)



"It's important that we march for the rights we have and the ones we still need." PJ, Manchester



"I felt privileged to take part in such an amazing event." St Ann's staff member

Introducing...

Heather

Heather Bennett is our In-Memory and Legacy Fundraiser, and has worked at St Ann's Hospice for the last year. Here, she answers questions about legacy fundraising.

What is legacy giving?

Legacy giving is when a person leaves a gift to a charity in their Will. It is a way people can support the work that we do after they have died, by making a donation to the hospice from their estate in the form of money, buildings or other possessions.

Why is this important?

Legacy fundraising provides vital income for our hospice. One in three of our services are provided by support from legacies so these kinds of donations really do make a huge difference.

Just one percent of someone's estate can make a huge difference

For other beneficiaries of the estate, there are tax benefits when a charitable gift is included.



Legacy donations are a generous act of fundraising that people do to support us, where their legacy in life can live on through their gift to us.

How do I get involved?

All that you need to do to leave a gift is to write in your Will what the gift is, and to confirm it is for St Ann's Hospice and our charity number (258085). It's really straightforward and not the complicated process some people might think it is.

If you would like to talk about legacy fundraising with Heather, you can get in touch on hbennett@sah.org.uk or 0161 498 3631.

Fundraising fairs return



Our fab Heald Green volunteer fundraising committee



Our Autumn Fair in September in aid of our Build It Together new hospice appeal was a great success with a fantastic turnout! We were delighted to welcome people back to the Heald Green hospice for a jam-packed family fun afternoon.

There's plenty more fun to come, and we can't wait for you to join us at our Winter Fair at the Little Hulton hospice on Saturday 25th November (12-3pm).

This year for the first time our fairs are being led by volunteer fundraising committees, who have put so much thought and time into making them unmissable events – thank you to them.

We're looking for new volunteers to support our fundraising in the community, including collection tin volunteers, committee members and St Ann's ambassadors. To get in touch and find out more information, email fundraising@sah.org.uk.

1 in 3

of our services are provided by support from legacies

1%

of someone's estate can make a huge difference to the amount we need every day

Income from legacies in 2022/2023 was £3.8m

Shop with St Ann's online

If you're looking for Christmas presents with a difference, look no further than our new online shop. We have a wide range of gift items available, some of which are exclusive to the online store and can't be found in our shops.

You can also find our Christmas cards and essentials like gift wrap and tags in the online shop, alongside Christmas décor and home items, at shop.sah.org.uk.



Christmas bath bomb
(various fragrances) £3.99

Robin 5-piece gift set
(2x mugs & coasters and tray) £19.99



Ceramic bee hive oil burner £7.99
Floral diffuser £7.50
Simon's Cat Christmas compact £2.99
Glass dartboard clock £12.99
Mrs Bridges mini trio £3.25



The Aromatherapy Co
FLWR diffuser £12.99
(Various, matching candles available £9.99)
Mrs Bridges triple jute bag
gift sets £7.99
Mrs Bridges mini trio £3.25
Pot of Dreams ceramic money
box (assorted designs) £9.99

Shop these
gifts and more at
shop.sah.org.uk

Celebrate Christmas with St Ann's

Get shopping
Saturday 2nd December
9am-1pm

Unit A1, Bankfield Industrial Estate,
Coronation Street, Reddish, SK5 7SE
Bargain-hunters are in for a treat as
we host a Christmas sale at our
Distribution Centre.

Take the
plunge this
New Year's Day

Why not start 2024 with a splash
and come along to the USwim
New Year's Day Swim at Salford
Quays. Find out more at
[www.sah.org.uk/
newyearswim](http://www.sah.org.uk/newyearswim)

Recycle
your
Christmas Tree

We work with JustHelping to
collect your Christmas tree from
your front door between **Thursday
11th and Sunday 14th January**.
Keep an eye out on our website
and social media for when
bookings open.

Step into
Christmas

Friday 1st December

Join our Christmas Virtual Challenge
and do 12,000 steps in your most
Christmassy attire to step into the
festive season. Register now at
[www.sah.org.uk/
stepintochristmas](http://www.sah.org.uk/stepintochristmas)

Support
our Christmas
Appeal

This year our Christmas Appeal
includes a returnable bauble to
send messages to our patients.
Look out for more information
on our social media and
website soon.

All our Christmas events and ways you can support St Ann's at this time
of year will be updated at www.sah.org.uk/christmas

Dates for your diary

www.sah.org.uk/events

Firewalk!

Sunday 5th November

St Ann's Hospice, Little Hulton

www.sah.org.uk/firewalk

Light up
a Life

See p4



Christmas and New Year events

See p13 & p15 or visit

www.sah.org.uk/christmas

Winter Raffle

February 2024



Charity
Bike Ride

Sunday 5th May 2024

Monthly £1 Clearance Sales

2nd December (Christmas Sale)

27th January

24th February

30th March (Fashion & Accessories Sale)

27th April

All 9am-12pm

St Ann's Distribution Centre,
Bankfield Industrial Estate, Unit A1,
Coronation Street, Reddish, SK5 7SE



Great Manchester Run

Sunday 26th May 2024

www.sah.org.uk/GMR

For more information about our events, please visit www.sah.org.uk/events,
or contact us on 0161 498 3631 or events@sah.org.uk